

CAMP PERMISSION SLIP

Carolyn
Casey

aha!
women's camp

I/We _____ give our permission for _____
(Significant other/spouse, pet, child, friend, parent, boss) (Name of extraordinary woman here)

to go to camp because (check all that apply):

- I/We love her smile and want to see it light up her face regularly
- To give her a turn at doing something she'd love (guilt-free!)
- To experience yummy food magically appearing & being cleaned up with no effort on her part
- To go to bed tired on joy instead of dropping from exhaustion
- To be around really cool women—just like her
- She deserves 8 hours of continuous sleep (though her system may go into shock)

My/Our Pledge While She Is At Camp:

While you are gone, I/we will (check all that apply):

- Survive!
- Wash something (dishes, clothes, counters, ourselves, dog, car)
- Feed myself/ourselves at least one healthy meal (per day if possible)
- Ensure that all pets and/or children are accounted for (most of the time)
- Clean up all remnants of the take-out pizza/ice cream/junk food
- Follow the list of things you leave for me/us (to the best of my/our ability)
- Miss you immensely...and appreciate all that you bring to my/our lives

Approved Camp Options:

Beyond her **aha!** Wisdom Sessions, _____ is allowed to participate in:

- _____ hours of guilt-free time away (fill in—total possible is 56.5 hours)
(Name of phenomenal woman here)
- S'More making—as many as she wants! (also guilt-free since it's camp)
- Revitalization of her life's energy and outlook
- Story telling, laughter & fun
- Camp songs (PG only)
- Late-night star gazing, Girl talks & unrestrained laughter
- Life transformation—anything her heart desires

With love, joy and excitement for your adventure,

(Significant other/spouse, pet, child, friend, parent, boss)